

The National Institute on Aging (NIA) Imbedded Pragmatic Alzheimer's Disease (AD) and AD-related dementias (ADRD) Clinical Trials (IMPACT) Collaboratory works to build the nation's capacity to conduct pragmatic clinical trials (ePCTs) of interventions embedded within health care systems for people living with dementia and their care partners. The IMPACT Collaboratory hosts free webinars on the 3rd Thursday of each month at 12 noon ET addressing these issues. If you are not yet on our mailing list, [join here](#) to receive IMPACT updates and reminders. Registration is not required, and a recording of the webinar as well as a companion podcast will be available after the event on our website, [impactcollaboratory.org](http://impactcollaboratory.org).

## LEAP! Rx: A randomized trial of a pragmatic approach to lifestyle medicine

Thursday, December 18, 2025

12:00 – 1:00 pm ET



**Amanda N. Szabo-Reed, PhD**

Research Associate Professor, Physical Activity & Weight Management, University of Kansas Medical Center



**Amber Watts, PhD**

Associate Professor of Clinical Psychology, University of Kansas; Director, BRANCH Lab

### Zoom Conferencing

Join from PC, Mac, iOS or Android: <https://hebrewseniorlife.zoom.us/j/86937720056>

Dial-In: +1 646 518 9805 US (New York) or +1 213 338 8477 US (Los Angeles)

Meeting ID: 869 3772 0056

